

## Catching up on 401(k) Contributions

Contribution limits and updates  
For 2025



### 401(k) participant contribution limits

- In 2025 contribution limits for those up to age **50** will be increased to \$23,500.

### Catch-up contribution limits

- Participants age **50-59** can contribute an additional catch-up amount of \$7,500 on top of the \$23,500 limit for a maximum of \$31,000.

### **(New)** Super catch-up

- Are you a participant turning age **60, 61, 62 or 63** in 2025? You can contribute an additional \$11,250 on top of the \$23,500 limit for a maximum of \$34,750.

### What happens if you turn age 64 or older in 2025?

- Participants age 64+ can contribute the standard catch-up amount of \$7,500 on top of the \$23,500 limit for a maximum of \$31,000.

### Where to go for more information

Please call us at **(833) 637-2379** (MERCERW) or visit our website at [mercervise.com](https://www.mercerwise.com).



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